

# How to make your school bully-free

## A No Bully workshop for educators: Thursday, November 19, 2009

Student bullying and peer exclusion affect all schools. You are under pressure from parents to do something. You devote many hours to helping children with their peers, but nothing seems to work.

This workshop will show you how visionary schools have addressed bullying and exclusion to create cultures based on acceptance and respect. You will learn a phased approach to culture change that will guide you step-by-step to:

- **Mobilize** teachers and parents behind a shared vision of how everyone at your school will relate.
- **Integrate** the Solution Team® response, a proven intervention for resolving entrenched bullying dynamics.
- **Implement** an anti-bullying policy that your community lives by.
- **Create** a long-term action plan to ensure the success of your anti-bullying initiative.

**No Bully**  
Anti-Bullying Programs for Schools

**No Bully** is a respected San Francisco-based 501(c)(3) non-profit. **No Bully** has helped many Bay Area schools create cultures of acceptance and respect. The workshop will be led by Nicholas Carlisle MFT, child therapist and director of **No Bully**. For more information, call **415-820-3956**, e-mail **office@nobully.com** or visit **www.nobully.com**.

**Who:** District superintendents, school principals, parents, teachers and counselors.

**When:** Thursday, November 19, 2009, from 9 am to 12 pm.

**Where:** The Rosen Center, 825 Bancroft Way (at 6th Street) in Berkeley.

**Cost:** Successful change begins by sending a team of educators from your school. \$90 group rate for teams of up to four people. Alternatively \$50 per individual (or \$35 if registered by November 5).

Mail check and completed form below to **No Bully**, 3389 22nd Street, San Francisco, CA 94110.

NAME

Position

Email

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(4) \_\_\_\_\_

SCHOOL \_\_\_\_\_ Phone # \_\_\_\_\_

ADDRESS \_\_\_\_\_

I want to attend the workshop on "How to make your school bully-free."